

BeRelax

(Eperisone HCl)

50mg & 100mg Tablets

COMPOSITION:

BeRelax 50mg Tablets:

Each coated tablet contains:
Eperisone HCl 50 mg.

BeRelax 100mg Tablets:

Each coated tablet contains:
Eperisone HCl 100 mg.

DESCRIPTION:

Generic name: Eperisone 50mg and 100mg.

Chemical name: 4-Ethyl-2 methyl-3-piperidinopropiophenone hydrochloride.

INDICATIONS:

Spastic paralysis in the following diseases:
Cerebrovascular disease, spastic spinal paralysis, cervical spondylosis, postoperative sequelae (including cerebrospinal tumour), sequelae to trauma (spinal trauma, head injury), amyotrophic lateral sclerosis, cerebral palsy, spinocerebellar degeneration, spinal vascular diseases and other encephalomyelopathies.
Improvement of muscular hypertonic symptoms in the following diseases:
Cervical syndrome, periarthritis of the shoulder, lumbago.

DOSAGE AND ADMINISTRATION

The usual adult dosage for oral use is 50-150mg/day, in divided doses after meal or as directed by the physician. The dosage should be depending on the patient age and severity of symptoms.

USAGE DURING PREGNANCY, DELIVERY AND LACTATION

Safety for use in pregnancy has not been established. Berelax should only be used in pregnant women or women of being pregnant, if therapeutic benefits are evaluated to outweigh the possible risk Of treatment. It is recommended that this drug not be used during lactation. If it must be used at such times, the patients should discontinue breast-feeding during treatment.

PEDIATRIC USE

Safe use of Berelax in children has not been definitely established.

USE IN THE ELDERLY

Since the elderly patients often have a psychological hypofunction, it is advisable to take measures, such as reduction in dosage under careful supervision.

PHARMACOKINETICS

The pharmacokinetic properties of Eperisone hydrochloride after a single dose of 150mg/day orally for 14 consecutive days to 8 healthy adult male volunteers: T_{max} : 1.6 to 1.9 hr.

C_{max} : 7.5 to 7.9 ng/ml

Elimination half life: 1.6 to 1.8 hr.

Area under the plasma concentration time curve (AUC): 19.7 to 21.1 ng.hr/ml

The plasma concentration profiles of Eperisone hydrochloride determined at day 8 and day 14 did not significantly vary from those of the first day.

بی ریلیکس
(اسپیرون ہائیڈروکلورائیڈ)
۵۰ اور ۱۰۰ ملی گرام گولیاں

PHARMACOLOGY

- Skeletal muscle relaxation
- Relaxation of skeletal muscles
- Improves intramuscular flow
- Suppression of spinal reflex
- Reduction of muscle spindle sensitivity via -motor neurons
- Vasodilatation and augmentation of blood flow
- Analgesic action and inhibition of the pain reflex in the spinal cord

EFFICACY:

(Data based on the assessment of 8660 clinical reports of Eperisone hydrochloride usage-Oct. 1982 to sept. 1986).

Symptom Rate of improvement (0/0)

Rigidity	702
Stiffness	70.4
Dizziness	774
Headache	78.9
Tinnitus	65.9
Cervical pain	71.6
Stiff shoulder	82.1
Lumbago	74.8
Difficulty in going up & downstairs	552
Difficulty in walking	56.5

CONTRAINDICATIONS:

Patients with a history of hypersensitivity to any ingredient of the drug.

PRECAUTIONS

Careful administration (BERELAX should with in the following patients): Patients with a history of drug hypersensitivity, Patients with hepatic function disorder, Important precautions: Weakness, light-headedness, sleepiness or other symptoms may occur. In the event of such symptoms, the dosage should be reduced or treatment discontinued, Patients should be against engaging in potentially hazardous activities requiring alertness, such as operating machinery or driving a car.

SIDE EFFECTS

The side effects are relaxation, Stomachache, nausea, anorexia, drowsiness, skin diarrhoea, GI insomnia, headache, abdominal pain, urinary retention or incontinence.

DRUG INTERACTIONS

Disturbance in ocular accommodation occurred after the concomitant use of tolperisone hydrochloride and methocarbamol.

STORAGE INSTRUCTIONS

- Store below 30°C in a dry place, protect from light.
- To be dispensed on the prescription of a registered medical practitioner only.
- Keep out of the reach of children.

PRESENTATION

BERELAX is available in pack of 20's tablets in alu alu blister pack.

- خوراک ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔
- دوا کو ۳۰ ڈگری سینٹی گریڈ سے کم درجہ حرارت پر روشنی سے بچا کر خشک جگہ پر رکھیں۔
- صرف دہرہ ڈاکٹر کے نسخے پر ہی فروخت کریں۔
- بچوں کی پہنچ سے دور رکھیں۔

Manufactured by:

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